



WHO'S KAM

Kam Phillips is a master facilitator and professional speaker who integrates mental health, emotional intelligence, and financial literacy to prepare students and professionals for real-world success. His authenticity, transparency, and relatability have allowed him to genuinely connect with his audience and become a respected resource in personal development. Kam uses his experiences and training to create a simple framework that helps people enhance their emotional, financial, and workplace wellness.

Throughout his journey, Kam personally battled with mental health challenges, veered on dangerous paths, and conquered many other obstacles. After being recruited to play collegiate basketball, then excelling with world-class banking and investment firms, Kam decided to walk away from his corporate career and use his gifts to invest in the next generation.

Kam holds a Bachelor of Economics from Emory University, is a Certified Professional Coach, Diversity, Equity, & Inclusion in the Workplace Certified, and Certified in Youth Mental Health First Aid. He is also the author of *The Bigger Picture: A Guide to Personal, Relational, & Emotional Growth*.

TRUE CHANGE WORKSHOPS

TRUE Change incorporates Social-Emotional Learning (SEL) principles to create a foundation for holistic personal and career development. Our facilitators use interactive exercises to build students into emotionally and financially healthy leaders. Topics include:

VALUES TO VISION: Participants identify their core values, create a personal mission statement, and develop a planning process to align with their personal, academic, and career goals.

5 C's OF CONNECTION: Establishing, building, and maintaining relationships are key. Participants focus on developing tools to effectively connect with people of all backgrounds.

HEALTH & WEALTH M.A.G.I.C.: Participants gain tools to help manage money, emotions, and relationships. M.A.G.I.C. discusses the importance of mindfulness, attitude, gratitude, inspiration, and a circle of support.



HOW WE WORK WITH CLIENTS

Kam and his team collaborate with mission-driven organizations to provide keynote speeches, workshops, staff trainings, or high-touch group coaching.

Middle & High Schools | Professional Organizations | Student-Athletes
Colleges & Universities | Faculty & Staff | Frontline Employees

Please email any inquiries on partnership opportunities or bulk book purchases to booking@kameronphillips.com.

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