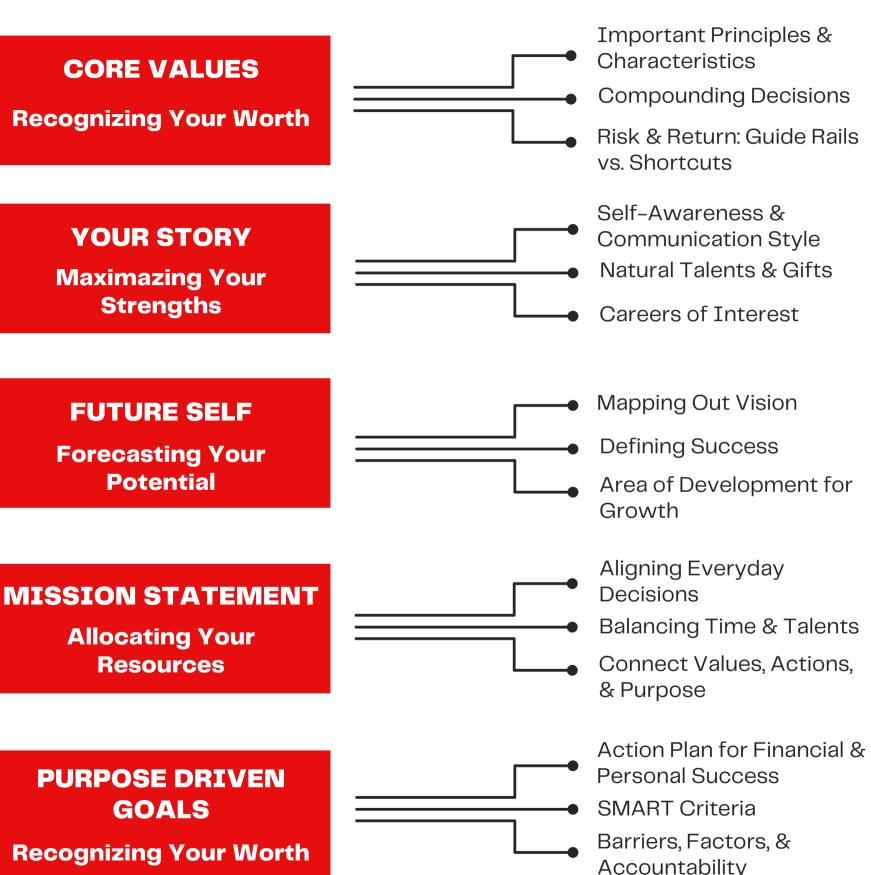
VALUES TO VISION

FOUNDATIONAL VALUES

This series of interactive workshops will help students identify their core values, create a personal mission statement, and align their actions to a successful life vision. By developing a framework to support wise and deliberate decision making, students will have a solid foundation as they continue to build for their future.







5 C'S OF CONNECTIONS CULTIVATING RELATIONSHIPS

Establishing, building, and maintaining healthy relationships are all essential to sustainable success. During this series, participants focus on developing tools to better understand themselves and effectively connect with people of all backgrounds. COMMUNICATION STYLE Learn Your Voice

CONFIDENCE Empower Yourself

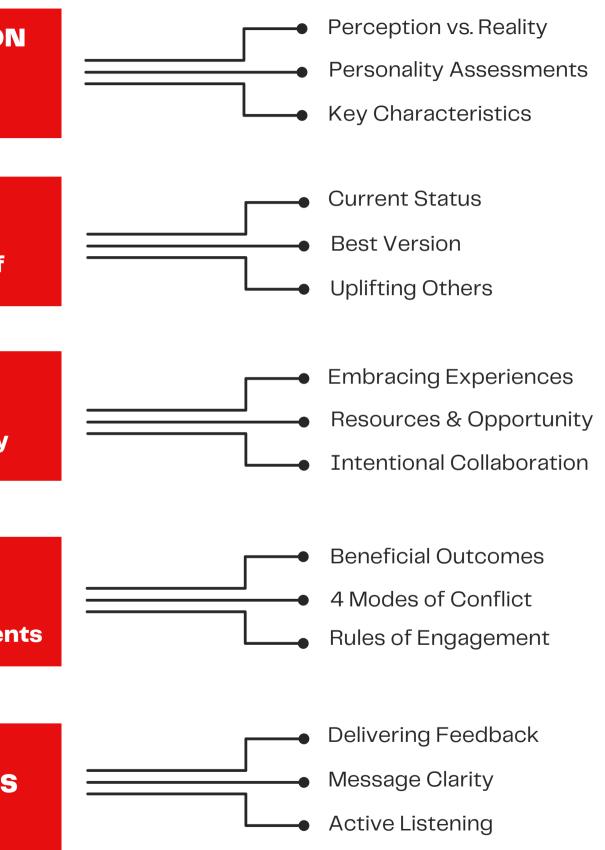
COMMUNITY Celebrate Diversity

CONFLICT MANAGEMENT Navigate Disagreements

TRUECHANGE



CRITICAL CONVERSATIONS Clear The Air



HEALTH & WEALTH & MEALTH & MEA

MENTAL & FINANCIAL HEALTH

In these workshops, students recognize how their mental health can directly impact their monetary wealth. Through self-reflection and exercises that enhance both mental and financial wellness, students gain tools to help manage their money, emotions, and relationships.





MINDFULNESS Spending Habits

ATTITUDE Protecting Your Energy & Assets

GRATITUDE

Live Within Our Means

INSPIRATION

Leaving a Legacy

CIRCLE OF SUPPORT

Audit Your Team

